



Your Journey, Your Strength, **OUR FOCUS**



OUTPATIENT PROGRAMS FOR CHILDREN AND TEENS

The Sussex Campus of Dover Behavioral Health is proud to provide Full-Time Day Treatment for children and adolescents. The experienced staff designs activities and therapies tailored to reflect the specific needs of each patient.

Programs offer a broad range of services including:

- Comprehensive individual assessments
- Medication stabilization
- Dual diagnosis programming
- Daily psychoeducational and group therapy
- Family sessions
- Life skills training
- Expressive therapies
- Personalized discharge and aftercare plans

Call us at **302-747-1100** today.

Dover Behavioral
HEALTH SYSTEM 

WHAT TO EXPECT

Outpatient programs can be a step-down for those who are discharging from inpatient care and can benefit from transitional care to support their return home.

- Patients begin program one to two days after initial assessment
- Staff will help with insurance precertification
- Level-of-care recommendation by master's-level counselor
- Psychosocial assessment
- Initial treatment plan developed
- Academic instruction by on-site certified teachers year-round
- Lunch provided



Get the Support Your Child Needs

Call us at **302-747-1100** for a confidential assessment today.

Dover Behavioral
HEALTH SYSTEM 

**Sussex Campus for
Adolescents & Children**

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Physicians are on the medical staff of Dover Behavioral Health System, but, with limited exceptions, are independent practitioners who are not employees or agents of Dover Behavioral Health System. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 254648846-4648847-RPT 11/25