### Georgetown Behavioral Health

# Outpatient Programs for Children and Adolescents

• Full-time Outpatient Program (PHP)



Our experienced staff designs activities and therapies tailored to reflect the specific needs of each individual we treat. Programs for children and adolescents are separate and geared toward each age group.

#### Programs can include:

- Comprehensive individual assessments
- Medication stabilization
- Dual diagnosis programming
- Daily psychoeducational and group therapy
- Family sessions
- Life skills training
- Expressive therapies, including art therapy
- Follow-up with outpatient providers
- Personalized discharge and aftercare plans

Programs are offered weekdays from 9:00 am to 3:00 pm. Call **302-747-1421** to schedule an assessment or to make a referral.



## What to expect upon arrival to Georgetown Behavioral Health

- Client will begin program one to two days after initial assessment
- Staff will help with insurance precertification
- Level-of-care recommendation performed by master's-level counselor
- Psychosocial assessment
- Urine drug screen (as indicated)
- Substance use assessment (as indicated)
- Initial treatment plan developed
- Academic instruction by on-site certified teachers year-round
- Lunch provided





#### **Georgetown Behavioral Health**

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Originally created prior to the COVID-19 precautions currently in place. Dover Behavioral Health System adheres to all mandated COVID-19 precautions, including universal masking. Dover Behavioral Health System is accredited by The Joint Commission and certified by the Centers for Medicare and Medicaid Services. TRICARE\* and most major insurance plans accepted. TRICARE\* is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved. Physicians are on the medical staff of Dover Behavioral Health System but, with limited exceptions, are independent practitioners who are not employees or agents of Dover Behavioral Health System. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 230280-0436 3/23