



## Dover Behavioral Health System

*Caring, Consistent, Collaborative Healthcare*

725 Horsepond Road Dover, DE 19901

**Tel: 302-741-0140 / Fax: 302-741-8551**

**Toll Free: 885-609-9711**

web: [www.doverbehavioral.com](http://www.doverbehavioral.com)



# Services at-a-glance

The experienced, caring staff at DBH is proud to provide superior inpatient and outpatient behavioral healthcare services for adolescents and adults, benefiting patients, their families, and the community.

## ASSESSMENT AND REFERRAL CENTER

- Providing free confidential assessment and referral services
- 24 hours/day, 7 days/week
- No appointment necessary
- Conducted by master's level clinicians or psychiatric nurses

### ASSESSMENTS INCLUDE:

- Safety Assessment
- Current Mental Status Examination
- Level of Care Determination
- Plan of Action, including referrals for ongoing support

## INPATIENT AND PARTIAL HOSPITALIZATION FOR ADOLESCENTS AND ADULTS

- Comprehensive Individual Assessment
- Psychiatric Evaluation and Medication Stabilization
- Physical examination and follow-up
- Dual Diagnosis Programming
- Academic instruction provided to Adolescents
- Daily Psycho-educational and Group Therapy as well as Skills Training
- Family Sessions
- Allied Therapies, including Art and Music Therapy
- Follow-up with outpatient providers
- Personalized Discharge and Aftercare Plans
- Semi-private rooms with access to our enclosed outdoor courtyard

**DAY PARTIAL HOSPITALIZATION OFFERED WEEKDAYS - 9:00 A.M. TO 3:00 P.M.**  
**EVENING CHEMICAL DEPENDENCY PARTIAL PROGRAMS OFFERED WEEKDAYS**

**Call 302-741-0140 or 885-609-9711 to schedule an assessment or to make a referral.**

*Walk-ins are welcome.*

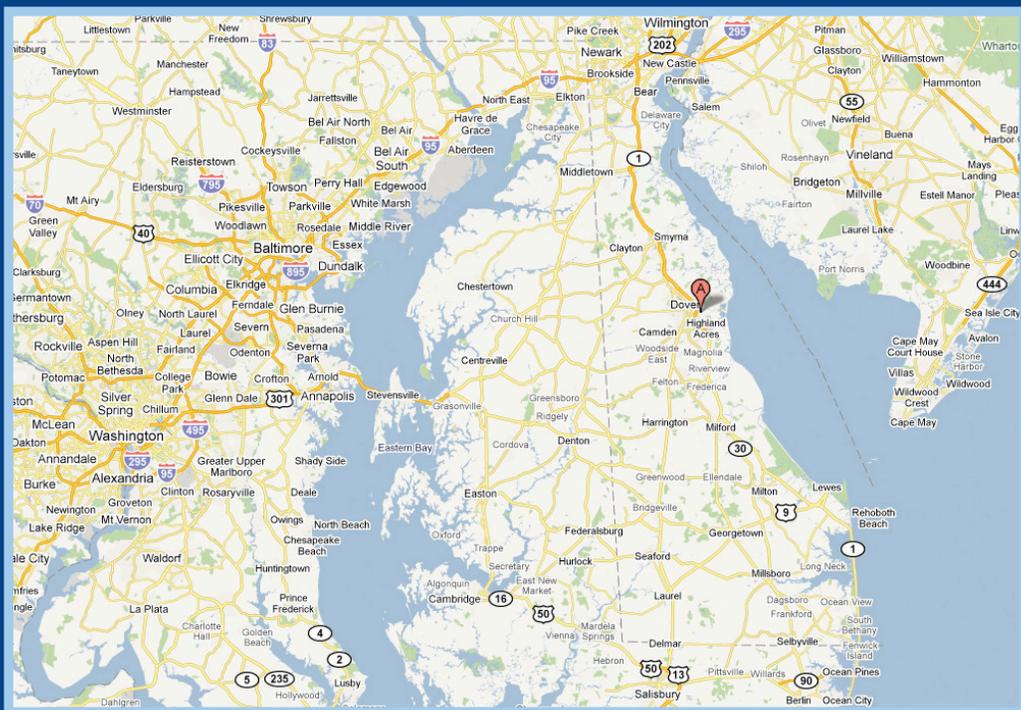
# What to expect at Dover Behavioral Health System . . .

## Upon arrival at Dover Behavior Health System

- Client or parent/guardian complete registration form with emergency and outpatient provider contact information and insurance information.
- Level of Care assessment performed by master's level counselor to determine recommendation of care (takes minimum of 45 minutes).
  - For inpatient recommendations: Admission paperwork and orders completed (takes minimum of 30 minutes). After admission to unit, a nursing assessment is completed with a focus on medical history (takes minimum of 30 minutes). Non-invasive client search and belongings search completed by staff to ensure safety.
  - For partial day recommendations: Client sent home and staff to contact insurance company for authorization next business day. Client will begin program 1-2 days after initial assessment.
  - For all other recommendations: Client given plan of care form that lists 3 appropriate service providers in their home area to contact.

## Within the first 24 - 48 hours of admission to either inpatient or partial day programming

- Referral source and outpatient providers notified of admissions (only with signed release of information)
- Initial Psychiatric Assessment
- Physical exam completed by internist (physical exam)
- Routine labs drawn (as indicated)
- Urine Drug Screen performed (as indicated)
- Chemical Dependency assessment (as indicated)
- Psychosocial assessment completed by social worker
- Family contacted and family session scheduled
- Nursing assessment completed
- Dietician referral (as indicated)
- Creative Arts assessment
- Initial treatment plan developed
- Orientation to unit rules
- Orientation to daily structured group programming
- Psychological testing (as indicated)



## Dover Behavior Health System located at (A)

Map courtesy of Google Maps



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